

Dear fellow PhD candidates and PostDocs,

*“Don't ya think that you need somebody
Don't ya think that you need someone
Everybody needs somebody
You're not the only one...”*

(November rain by Guns 'n' Roses)

Mental health issues are a common and widespread issue among PhD students and scientists on fixed term contracts. **SiN** (Association of Doctoral Organisations in Norway) wants to **raise awareness** and is therefore aiming to **circulate an online survey** in the near future. We will keep you updated.

A brief update on the **wage gap issue** for PhD students:

The previous **success in Bergen and Trondheim** to remove the wage gap was perhaps due to smaller numbers of PhD students and the willingness of the leadership to make a change. Despite this, Forskerforbundet has reassured us that “the **unions haven't given up**” at UiO and **instigate** to make a **claim 2.5.1** before the summer.

On February 27th, we will reprise the **PPBC**. The **UiO EU office** will provide some insight on the topic **How to write a grant proposal**. Hence, the focus of the presentation will be on **EU grants**.

On the following day, we proudly present a brand new event in **collaboration** with the **Boston Consultancy Group** on **How to get careers in business from academia**. The seminar will take place on February 28th at 14.00-15.00 h, Auditorium 3 in Sophus Bugges Hus. To order refreshments in a sustainable way, we encourage you to [register!](#)

In **early March**, we are planning to revoke the popular **Kappe writing workshop** with David Burke. We will inform you about the details as soon as possible.

As all of you can tell by a look out of the window - snow and skiing conditions in and around Oslo are rather bad this season. The **introductory course on cross country skiing** is therefore further **postponed until early March**, despite the fact that the snow likelihood is not increasing.

Last but not least, if you are a student in **Life Sciences, Photon & Neutron Science** and have an interest in **Welfare State** and are looking for a **summer research internship** with academic training across the **Baltic Sea Region**, maybe BARI (Baltic Science Network Mobility Programme for Research Internships) could be something for you. [Applications are now open.](#)

Stay tuned!

PhD and PostDoc breakfast club (PPBC)

In cooperation with UiO library and MatNat faculty, we are organizing the popular PhD and PostDoc Breakfast Club. This series of talks will continue on **February 27th** (08.30 h at HumSam biblioteket) with “**How to write a grant proposal**”.

This presentation will give you insight in writing your grant proposal tailored to get an EU grant.

Our speaker: *Will be from the UiO EU office.*

Free breakfast upon registration.

Visit uiodoc.no for latest updates on registration.

For all future PPBC arrangements please visit:

uiodoc.no/events/PBC/ or facebook.com/uiodoc/

Upcoming UiODoc events in 2020:

- [Oslo Life Science Conference](#) | **Conference and Workshops**
February 10th-13th

- **PPBC - How to write a grant proposal**
February 27th, 08.30-10.00 h
Place: HumSam biblioteket
(Free breakfast - not open for registration)

- **How to get careers in business from academia | Seminar**
In collaboration with Boston Consultancy Group
February 28th, 14.00-15.00 h
Place: Auditorium 3 @ Sophus Bugges Hus
(Please [register!](#))

- **PPBC - Social Media as a form of branding**
March 26th, 08.30-10.00 h
Place: HumSam biblioteket
(Free breakfast - not open for registration)

- **Save the date: AGM 2020**
Week 20

Other upcoming events:

- [Life Science Writing Club](#) | **Workshop** Arranged by The University Library
Wednesday, February 12th, 2020 @ 15.00-18.00 h, [The Science Library - Informatics](#)
- [Job search](#) | **Workshop** Arranged by Karrieresenteret

- Wednesday, February 12th, 2020 @ 16.00-18.00 h, [SiO Kursrom, Frederikke](#)
- [Shut up & write!](#) | **Workshop** Arranged by Akademiske Skrivesenteret
Friday, February 14th, 2020 @ 09.00-14.00 h, Akademisk skrivesenteret,
HumSam-biblioteket, Georg Sverdrups hus
 - [Job interview](#) | **Workshop** Arranged by Karrieresenteret
Wednesday, February 19th, 2020 @ 16.00-18.00 h, [SiO Kursrom](#)
 - [Career Perspectives - strengthening your position for pursuing an academic career](#) | **Workshop** Arranged by UiO Science Career and Yellow Research
Monday, April 20th, 2020 @ 09:00-15.30 h, Blindern
Register until April 12th

>>Spread the word!<<

UiODoc:

For the **latest news** regarding our activities, please check-out our **website**:

-> <https://foreninger.uio.no/uiodoc/>

Or our **facebook** page

-> <https://www.facebook.com/uiodoc>

Information from MatNat faculty (open to all PhD candidates and PostDocs):

-> PhD/Postdoc events: www.mn.uio.no/phdevents

-> PhD/Postdoc message board: <https://www.mn.uio.no/english/research/phd/messages/>

Kind Regards,
UiODoc

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<https://sympa.uio.no/uiodoc.no/info/newsletter>