

Dear all,

We are thrilled to invite you all to this autumn's inspirational lecture by Pamela von Sabljar!

PhD/Postdoc – a life in uncertainty?

When: 22. November, 16:00-18:00 (lecture) + time to mingle afterwards
Where: Auditorium 3, Kristine Bonnevis hus (Blindern)

Pamela will talk about skills and abilities necessary for meeting an ever-changing work environment and uncertain labour market. You'll get psychological and practical tips on how to increase personal development and well-being - issues that are pressing and challenging for many temporary researchers.

- If you are not sure what you are going to do after your contract expires, then this lecture is for you!
- If you feel like you need to learn to live with uncertainties, both within your employment or beyond, then this lecture is for you!

Please register here: <https://skjema.uio.no/inspirational-lecture>
Coffee/tea and snacks will be served.

More information about the event on our webpage/facebook:
<http://foreninger.uio.no/uiodoc/events/inspirational-lecture-%E2%80%93-pamela-von-sabljar%21.html>
<https://www.facebook.com/events/1754298441541273/>

Pamela von Sabljar is an internationally renowned speaker, trainer and author. She is driven by a strong passion for creating sustainable, global change by developing self-leadership:
<http://pamelavonsabljar.com/>

Board members workshop

Are you sitting in the board of an organisation at UiO, for example as a representative for temporary employees in your institute/faculty board? Then we are happy to also invite you (and your fellow temporary board members) to join our board members workshop with Pamela von Sabljar. There, you can learn to function better as a board - or you yourself in your role in the board.

If you don't sit in an UiO board but still think you would benefit a lot from this workshop, get in touch with us (styret@uiodoc.no) and we'll let you know if there's space for you!

Time and date: 23. November, 9:00-12:00, in Salen in the ZEB building (Blindern).

Register here:

<https://nettskjema.uio.no/answer/workshop-pamela-von-sabljar.html>

Note that registration is binding and spots are limited, to ensure that we can work with each individual participant.

Other upcoming events:

12th–15th February 2018: Oslo Life Science 2018 – Investing in Health and Environment. This will be the 3rd conference hosted by UiO:Life Science for all of you who are interested in research, education, innovation, business and politics in life sciences, in collaboration with all the big players in the field in the Oslo area. Save the dates - exact times, places, programme and registration form will follow later.

>> Do you know of an event that could be interesting for other temporary
>> employees? Let us know and we will include it in the next newsletter!
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Latest news:

UiODoc is currently working to support the founding of a sister organisation at the University of Bergen, together with our national umbrella organisation SiN (Stipendiatororganisasjonene i Norge). More here: <http://stipendiat.no/2017/10/sin-efforts-at-university-of-bergen/>

Want to join our next board meeting?

Our next board meeting is on 14th of December at 16:00. Send us an email to styret@uiodoc.no (and mention in the subject that you want to JOIN the BOARD MEETING), and we will update you with location and agenda once these are known.

We look forward to seeing you all next week!

Best regards
The UiODoc Board

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